

GUL GUNAYDIN

Psychology Program, Sabanci University, Istanbul, Turkey

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PROFESSIONAL POSITIONS

Faculty of Arts and Social Sciences, Sabanci University, Turkey

Professor of Psychology, October 2022 - present

Associate Professor of Psychology, September 2019 - September 2022

Department of Psychology, Bilkent University, Turkey

Assistant Professor, September 2013 - August 2019

ACADEMIC DEGREES

Cornell University, U.S.A.

Ph.D. in Psychology (Social and Personality Psychology Concentration, Minor in Cognitive Science), 2013

Middle East Technical University (METU), Turkey

B.S. with honors in Business Administration, 2002

RESEARCH INTERESTS

Interpersonal Relationships, Minimal Social Interactions, Romantic Relationships, Relationship Formation and Maintenance, Well-being

FUNDING

Ongoing:

Minimal Interactions as an Alternate Social Resource to Close Relationships, The Science and Technology Institute of Turkey (TUBITAK), 1001 Scientific and Technological Research Projects Funding Program, *Principal Investigator*, 01.03.2024-28.02.2027.

A Cross-Cultural Investigation of Minimal Social Interactions, Sabanci University President's Research Grant, *Co-principal investigator*, 01.09.2022-31.08.2025.

Toward Enhancing the Applied Potential of Relationship Science via Basic Research: Examining Interpersonal Variability in Support Processes and Its Consequences for Relational Well-Being. The Science and Technology Institute of Turkey (TUBITAK) 3501 Career Development Program, *Investigator*, 15.01.2021-15.01.2024.

Completed:

Using Laboratory Observations to Uncover Emotional Processes in Romantic Relationships, Sabanci University Integration Projects Support, *Principal Investigator*, 26.03.2020-25.03.2023, Budget: 100,000.00 TL.

Examining Sources of Variation in Perceived Partner Responsiveness. Sabanci University Integration Projects Support, *Investigator*, 26.03.2020-25.03.2023.

The Role of Responsiveness Variability and Average Responsiveness in Relational Outcomes, The Science and Technology Institute of Turkey (TUBITAK) 1001 Scientific and Technological Research Projects Funding Program, *Principal Investigator*, 01.11.2018-01.11.2021.

Adult Attachment Formation: Development of Vocal and Physiological Synchrony, The Science and Technology Institute of Turkey (TUBITAK) 3501 Career Development Program, *Investigator*, 01.03.2017-01.08.2020.

The Role of Idiosyncratic Experiences in Mental Representations of Relationship Partners, Turkish Academy of Sciences Outstanding Young Scientist Award Program (TUBA-GEBIP), *Principal Investigator*, 01.05.2016-01.05.2019.

Formation and Development of Attachment Mental Representations in Adulthood, The Science and Technology Institute of Turkey (TUBITAK) 3501 Career Development Program, *Principal Investigator*, 01.05.2015-01.04.2018.

Developing a Game Engine for Mobile Devices to Facilitate Social Interaction, 1507 Small and Medium-Sized Enterprises Research and Development Program, The Science and Technology Institute of Turkey (TUBITAK), *Consultant*, 01.05.2015-31.10.2016.

PEER-REVIEWED ARTICLES IN ENGLISH (* = student/trainee co-author)

- Ses, O.,* **Gunaydin, G.**, Selcuk, E., & Ascigil, E.* Sealed with certainty: The role of need for closure in relationship commitment. *Journal of Social and Personal Relationships*. [in press]
- Gaby, J.M., **Gunaydin, G.**, & Zayas, V. (2025). The interactive role of odor associations in friendship preferences. *Scientific Reports*, 15, 11228. doi: 10.1038/s41598-025-94350-1.
- Ascigil, E.,* **Gunaydin, G.**, Selcuk, E., Sandstrom, G., & Aydin, E. (2025). Minimal social interactions and life satisfaction: The role of greeting, thanking, and conversing. *Social Psychological and Personality Science*, 16, 202-213. doi: 10.1177/19485506231209793.
- Selcuk, E., **Gunaydin, G.**, Ascigil, E.,* Bayraktaroglu, D.,* & Ong, A. (2024). My partner really gets me: Reactivity to partner stress predicts greater relationship quality in new couples, *Journal of Personality and Social Psychology*, 126, 895-912. doi: 10.1037/pspp0000509.
- Selcuk, E., Ascigil, E.*, & **Gunaydin, G.** (2024). A theoretical analysis and empirical agenda for understanding the socioecology of adult attachment. *European Review of Social Psychology*, Online First. doi: 10.1080/10463283.2024.2367894.
- Iplikci, A. B.,* **Gunaydin, G.**, Selcuk, E., Eren, Y., & Krasniqi, L.* (2024). Does playing cooperative mobile games facilitate social interaction and positive affect in middle childhood? *International Journal of Human-Computer Interaction*, 40, 1713-1722. doi: 10.1080/10447318.2022.2150746.
- Selcuk, E., & **Gunaydin, G.** (2023). Responsiveness in cultural-ecological context. *Current Opinion in Psychology*, 52, 101610. doi: 10.1016/j.copsyc.2023.101610.
- Bayraktaroglu, D.,* **Gunaydin, G.**, Selcuk, E., Besken, M., & Karakitapoglu-Aygun, Z. (2023). The role of positive relational events in romantic attachment avoidance. *Journal of Personality and Social Psychology*, 124, 958-970. doi: 10.1037/pspi0000406.
- Yilmaz, C.,* Selcuk, E., **Gunaydin, G.**, Cingoz, B., Filiztekin, A., & Kent, O. (2022). You mean the world to me: The role of residential mobility in centrality of romantic relationships. *Social Psychological and Personality Science*, 13, 1151-1162. doi: 10.1177/19485506211061017.
- Qiu, J., Kesebir, S., **Gunaydin, G.**, Selcuk, E., & Wasti, S. A. (2022). Gender differences in interpersonal trust: Disclosure behavior, benevolence sensitivity and workplace implications. *Organizational Behavior and Human Decision Processes*, 169, 104119. doi: 10.1016/j.obhdp.2022.104119.
- Gunaydin, G.**, Selcuk, E., Urganci, B.,* & Yalcintas, S.* (2021). Today you care, tomorrow you don't: Differential roles of responsiveness variability and average responsiveness in romantic attachment. *Social Psychological and Personality Science*, 12, 839-849. doi: 10.1177/1948550620944111.
- Gunaydin, G.**, Oztekin, H.,* Karabulut, D. H.,* & Salman-Engin, S. (2021). Minimal social interactions with strangers predict subjective well-being. *Journal of Happiness Studies*, 22, 1839-1853. doi: 10.1007/s10902-020-00298-6.
- Ascigil, E.,* Selcuk, E., **Gunaydin, G.**, & Ong, A. D. (2020). Integrating models of marital functioning to understand the mental health consequences of the Great Recession. *Journal of Social and Personal Relationships*, 37, 2118-2135. doi: 10.1177/0265407520918938
- Ong, A. D., Gardner, S., Urganci, B.,* **Gunaydin, G.**, & Selcuk, E. (2020). Affective reactivity, resting heart rate variability, and marital quality: A 10-year longitudinal study of U.S. adults. *Journal of Family Psychology*, 34, 375-382. doi: 10.1037/fam0000591

- Bayraktaroglu, D.,* **Gunaydin, G.**, Selcuk, E., & Ong, A. D. (2019). A daily diary investigation of the link between television watching and positive affect. *Journal of Happiness Studies*, 20, 1089-1101. doi:10.1007/s10902-018-9989-8
- Gunaydin, G.**, Selcuk, E., Yilmaz, C.,* & Hazan, C. (2018). I have, therefore I love: Status quo preference in mate choice. *Personality and Social Psychology Bulletin*, 44, 589-600. doi: 10.1177/0146167217746339
- Tasfiliz, D.,* Selcuk, E., **Gunaydin, G.**, Slatcher, R. B., Corriero, E., & Ong, A. D. (2018). Patterns of perceived partner responsiveness and well-being in Japan and the United States. *Journal of Family Psychology*, 32, 355-365. doi: 10.1037/fam0000378
- Gunaydin, G.**, Selcuk, E., & Zayas, V. (2017). Impressions based on a portrait predict, one-month later, impressions following a live interaction. *Social Psychological and Personality Science*, 8, 36-44. doi: 10.1177/1948550616662123
- Gunaydin, G.**, Selcuk, E., & Ong, A. D. (2016). Trait reappraisal predicts affective reactivity to daily positive and negative events. *Frontiers in Psychology*, 7, 1000. doi: 10.3389/fpsyg.2016.01000
- Selcuk, E., **Gunaydin, G.**, Ong, A. D., & Almeida, D. A. (2016). Does partner responsiveness predict hedonic and eudaimonic well-being? A 10-year longitudinal study. *Journal of Marriage and Family*, 78, 311-325. doi: 10.1111/jomf.12272
- Gunaydin, G.**, & DeLong, J. E. (2015). Reverse correlating love: Highly passionate women idealize their partner's facial appearance. *PLoS ONE*, 10, e0121094. doi: 10.1371/journal.pone.0121094
- Zayas, V., **Gunaydin, G.**, & Pandey, G. (2013). Key lessons from research on self-regulation and delay of gratification [Commentary]. *Behavioral and Brain Sciences*, 36, 706-707. doi: 10.1017/S0140525X13001490
- Selcuk, E., Zayas, V., **Gunaydin, G.**, Hazan, C., & Kross, E. (2012). Mental representations of attachment figures facilitate emotional recovery following upsetting autobiographical memory recall. *Journal of Personality and Social Psychology*, 103, 362-378. doi: 10.1037/a0028125
- Gunaydin, G.**, Zayas, V., Selcuk, E., & Hazan, C. (2012). I like you but I don't know why: Objective facial resemblance to significant others influences snap judgments. *Journal of Experimental Social Psychology*, 48, 350-353. doi: 10.1016/j.jesp.2011.06.001
- Selcuk, E., **Gunaydin, G.**, Sümer, N., Harma, M., Salman, S., Hazan, C., Dogruyol, B., & Ozturk, A. (2010). Self-reported romantic attachment style predicts everyday maternal caregiving behavior at home. *Journal of Research in Personality*, 44, 544-549. doi: 10.1016/j.jrp.2010.05.007
- Zayas, V., Tabak, J. A., **Gunaydin, G.**, & Robertson, J. M. R. (2009). A social-cognitive model to human behavior offers a more parsimonious account of emotional expressivity [Commentary]. *Behavioral and Brain Sciences*, 32, 407-408. doi: 10.1017/S0140525X09990094

BOOK CHAPTERS (* = student/trainee co-author)

- Selcuk, E., Karagobek, A. B.,* & **Gunaydin, G.** (2018). Responsiveness as a key predictor of happiness: Mechanisms and unanswered questions. In M. Demir & N. Sumer (Eds.), *Close Relationships and Happiness across Cultures* (pp. 1-18). New York: Springer.
- Zayas, V., **Gunaydin, G.**, & Shoda, Y. (2015). From an unknown other to an attachment figure: How do mental representations change with attachment formation? In V. Zayas & C. Hazan (Eds.), *Bases of Adult Attachment: Linking Brain, Mind and Behavior* (pp. 157-183). Springer.
- Gunaydin, G.**, Selcuk, E. & Hazan, C. (2013). Finding the one: A process model of human mate selection. In C. Hazan & M. Campa (Eds.), *Human Bonding: The Science of Affectional Ties* (pp. 101-131). New York: Guilford.

MANUSCRIPTS IN PREPARATION OR UNDER REVIEW (* = student/trainee co-author)

- Ascigil, E.*, **Gunaydin, G.**, Selcuk, E., Sandstrom, G., Uskul, A., Aydin, E., Ozer, C.*, et al. A multi-country investigation of the role of minimal social interactions in subjective well-being. *[Stage 1 registered report in preparation]*
- Ascigil, E.*, **Gunaydin, G.**, Selcuk, E., Ozer, C.*, & Soyalan Z.* The role of minimal and close social ties in happiness. *[in preparation]*
- Panasiuk, S., Selcuk, E., Cachia, J., Knapp, S., Vaughn, L. A., Rui, S., **Gunaydin, G.**, Park, Y., Kilduff, G., Heshmati, S., Zhao, X., Rushton, K., Nguyen, T., Kulzhabayeva, D., Laundry, N., Yen, R., Cheung, F., & Williams, J.J. Crowdsourced single-shot positive activity interventions for improved mood. *[in preparation]*
- Selcuk, E., Varol, O., **Gunaydin, G.**, Ozden, Z. D.*, & Ergun, T. D.* Balancing the trade-off between coding team size and coder bias in observational research: An illustration from relationship science. *[in preparation]*
- Urganci, B.*, Ong, A., Selcuk, E., **Gunaydin, G.**, Bayraktaroglu, D.*, & Ciftci, O.* Testing the interpersonal process model of intimacy in fledgling relationships in a non-western context. *[in preparation]*

AUTHORSHIPS IN BIG TEAM SCIENCE PROJECTS

Published:

- Eastwick, P. W., Sparks, J., Finkel, E. J., Meza, E. M.,..., **Gunaydin, G.**,..., Coles, N. A. (2025). A worldwide test of the predictive validity of ideal partner preference-matching. *Journal of Personality and Social Psychology*, 128, 123-146. doi: 10.1037/pspp0000524.
- Vaidis, D. C., Slegers, W. W.,..., **Gunaydin, G.**,..., Priolo, D. (2024). A multi-lab replication of the induced compliance paradigm of cognitive dissonance. *Advances in Methods and Practices in Psychological Science*, Online First, doi: 10.1177/25152459231213375.

In progress:

- Effects of psychological distance on mental abstraction: A registered report of four tests of construal level theory (led by Sofia Calderon, Erik Mac Giolla, Karl Ask, & Timothy J. Luke; Stage 1 registered report accepted in *Advances in Methods and Practices in Psychological Science*).
- Large-scale cross-societal examination of real- and minimal-group biases (led by Yarrow Dunham; Stage 1 registered report accepted in *Nature Human Behaviour*).
- The global gratitude project (led by Shige Oishi, Nicholas Coles, and Michael McCullough; data collection completed).

PEER-REVIEWED ARTICLES IN TURKISH (* = student/trainee co-author)

- Aran, O.*, Iplikci, A. B.*, Selcuk, E., & **Gunaydin, G.** (2020). Naturally occurring variations in maternal caregiving in Turkey and associations with psychological distress: An observational study. *Turkish Journal of Psychology*, 35, 77-94. doi: 10.31828/tpd1300443320190729m000023
- Imamoglu, E. O., **Gunaydin, G.**, & Selcuk, E. (2011). Individuation and relatedness as predictors of the authentic self: Beyond gender and cultural orientations. *Turkish Journal of Psychology*, 26, 27-43.
- Gunaydin, G.**, Selcuk, E., Sumer, N., & Uysal, A. (2005). The psychometric evaluation of the short form of Inventory of Parent and Peer Attachment. *Turkish Psychological Articles*, 8, 13-23.
- Selcuk, E., **Gunaydin, G.**, Sumer, N., & Uysal, A. (2005). A new measure for adult attachment styles: The psychometric evaluation of Experiences in Close Relationships-Revised (ECR-R) on a Turkish sample. *Turkish Psychological Articles*, 8, 1-11.

ORGANIZED SYMPOSIA

- Organizer (co-organizer Ozlem Ayduk, University of California, Berkeley). Mini-symposium on relationships, stress, and health. Speakers: Jeffry Simpson (University of Minnesota), Amie Gordon (University of Michigan), Sabanci University, Istanbul, Turkey, May 2023.
- Organizer (co-organizer Ozlem Ayduk, University of California, Berkeley). Mini-symposium on emotion regulation. Speakers: Iris Mauss (University of California, Berkeley), Maya Tamir (The Hebrew University of Jerusalem), Sabanci University, Istanbul, Turkey, December 2022.

Chair (co-chair: Emre Selcuk, Sabanci University). Formation and functions of relationships: From initial encounters to long-term bonds. International Convention of Psychological Science, Paris, France, March 2019.

Chair (co-chair: Sarah C. E. Stanton, University of Edinburgh). Show me the love: A nuanced view of antecedents and correlates of attachment representations. International Association for Relationship Research Conference, Fort Collins, CO, USA, July 2018.

Chair (co-chair: Vivian Zayas, Cornell University). The many faces of person perception: From static images to online profiles to live interactions. Annual Meeting of the Association for Psychological Science, Washington D.C., USA, May 2013.

Chair (co-chair: Vivian Zayas, Cornell University). Formation and development of adult attachment: From brain to mind to behaviour. Annual Meeting of the Association for Psychological Science, Washington D.C., USA, May 2011.

HONORS, FELLOWSHIPS, & AWARDS

The Science and Technology Institute of Turkey (TUBITAK) Early Career Incentive Award, 2019

The Science Academy, Turkey Young Scientist Award (BAGEP), 2019

Travel Award, Association for Psychological Science (APS), 2018

Turkish Academy of Sciences Outstanding Young Scientist Award (TUBA-GEBIP), 2016

Travel Award, Society for Social and Personality Psychology (SPSP), 2013

Dallenbach Fellowship for Outstanding Scholarship, Cornell University, Department of Psychology, 2013

Conference Travel Grant, Cognitive Science Program at Cornell University, 2011; 2012

Small Research Grant, Cornell University, Department of Psychology, 2011

Conference Travel Grant, Cornell University, 2008; 2009; 2010; 2011; 2012

Fulbright Visiting Student Researcher Fellowship, 2007-2008

worked with Drs. Ozlem Ayduk and Serena Chen at the University of California, Berkeley

Research Fellowship, Project title: The impact of attachment, caregiving, and family dynamics on child's development in infancy and middle childhood, The Science and Technology Institute of Turkey (TUBITAK) 1001 Scientific and Technological Research Projects Funding Program, Grant no: 105K102, 2005-2007

Conference Travel Award, The Science and Technology Institute of Turkey (TUBITAK), 2006

Middle East Technical University Merit Scholarship, 1998-2002

Turkish Education Association Prof. Rustu Yuce Excellence in Education Award, 1998

PROFESSIONAL AFFILIATIONS

Psychological Science Accelerator (PSA)

Society for Personality and Social Psychology (SPSP)

International Association for Relationship Research (IARR)

PROFESSIONAL SERVICE

April 2025-April 2029	Member, Society for Personality and Social Psychology (SPSP) International Committee
January 2024-present	Consulting Editor, Psychological Science
May 2023-present	Global Gratitude Advisory Board (affiliated with The Love Consortium)
2022-present	Consulting Editor, Personality and Social Psychology Review (PSPR)
2020-2023	Consulting Editor, Journal of Personality and Social Psychology (JPSP), Interpersonal Relations and Group Processes section
2021-2023	Member, Bylaws Subcommittee, International Association for Relationship Research (IARR)
March 2021-August 2022	Chair, Internationalization Committee, International Association for Relationship Research (IARR)
2016-2023	Graduate Fellowships Evaluation Panel Fulbright Commission of Turkey

February 2016-October 2017	Associate Editor Frontiers in Psychology, Personality and Social Psychology Section
2014-2019	Program Committee International Symposium on Brain and Cognitive Science
2014-2015	Social Psychology Grant Evaluation Panel The Scientific and Technological Research Council of Turkey (TUBITAK)
2011-present	Ad-hoc reviewer National Science Foundation, Journal of Personality and Social Psychology, Journal of Happiness Studies, Personality and Social Psychology Bulletin, Plos One, Frontiers in Psychology, Social Psychological and Personality Science, Journal of Social and Personal Relationships, Emotion

INVITED TALKS

The Science Academy, Turkey, Summer School, Invited Lecture, June 2023.
 Ozyegin University, Istanbul, Turkey, Department of Psychology, Invited Lecture, December 2019.
 Koc University, Istanbul, Turkey, College of Social Sciences and Humanities, Invited Talk, November 2019.
 Sabanci University, Istanbul, Turkey, Faculty of Arts and Sciences, Invited Talk, April 2019.
 20th Annual Convention of Turkish Psychological Association, Turkey, Invited Speaker, November 2018.
 Nanyang Technological University, Singapore, Department of Psychology, Invited Talk, September 2018.
 University of Cologne, Germany, Institute of Sociology and Social Psychology, Invited Talk, October 2017.
 Turkish Academy of Sciences, Outstanding Young Scientist Award Annual Meeting, Turkey, Invited Talk, September 2017.
 Middle East Technical University, Turkey, Department of Psychology, Invited Talk, April 2015.

TEACHING

Courses taught at Sabanci University, Turkey (2019-present)

PSY 340 - Social Psychology
 PSY 341 - Applied Social Psychology
 PSY 423 - Human Bonding
 PSY 502 - Data Analysis for Psychological Sciences I
 PSY 542 - Social Cognition
 PSY 201 - Mind and Behavior (co-taught; Social Psychology section)
 PSY 501 - Trends in Psychological Sciences (co-taught; Judgment and Decision-Making section)
 PSY 398 - Independent Study I (undergraduate research supervision)
 PSY 399 - Independent Study II (undergraduate research supervision)

Courses taught at Bilkent University, Turkey (2013-19)

PSYC 510 - Advanced Social Psychology
 PSYC 438 - Interpersonal Relationships
 PSYC 330 - Applied Social Psychology
 PSYC 230 - Social Psychology

Courses taught at Cornell University, U.S.A. (2012)

PSYCH 3800 - Social Cognition (co-taught with Melissa Ferguson)

Guest lectures

2023, April. *The role of positive relational events in romantic attachment avoidance*. Cornell University PSYCH 7760 - Proseminar in Social Psychology II (invited panelist).
 2011, November. *Confession evidence*. Cornell University Psychology 2650 - Psychology and Law.
 2010, October. *Stereotypes*. Cornell University Psychology 3800 - Social Cognition.

GRADUATE THESIS SUPERVISION

- Ceyda Ozer, M.S., Thesis title: The role of conversational depth and positivity in minimal interaction frequency, Sabanci University, *ongoing* [advisor]
- Zeynep Soyalan, M.S., Thesis title: What predicts the accuracy of affective forecasts about minimal social interactions? Sabanci University, *ongoing* [co-advisor]
- Ovgun Ses, M.S., Thesis Title: Support (mis)match and relationship quality in newlywed couples, Sabanci University, 2023 [advisor]
- Zeynep Deniz Ozden, M.S., Thesis Title: The links between relational mobility and social media use, Sabanci University, 2023 [co-advisor]
- Deniz Bayraktaroglu, Ph.D., Thesis Title: What makes individuals happy in daily life? From personal to relational well-being, Bilkent University, 2021 [advisor]
- Cansu Yilmaz, Ph.D., Thesis Title: Do frequent movers depend more on their romantic partners? Residential mobility, centrality of partners, and psychological well-being, Middle East Technical University, 2020 [co-advisor]
- Oyku Ciftci, M.S., Thesis Title: The role of emotion word use in perceived responsiveness during getting acquainted interactions, Bilkent University, 2019 [advisor]
- Zeynep Arol, M.S., Thesis Title: Dress to impress: Are faces of fashionable individuals remembered more favorably? Middle East Technical University, 2018 [co-advisor]
- Betul Urganci, M.S., Thesis Title: Thin slices of friendship: Do non-verbal behaviors predict first impressions during getting acquainted interactions? Bilkent University, 2017 [advisor]
- Busra Akgonul, M.S., Thesis Title: To have or not to have: The role of desire to have children and gender in visual representations of babies, Bilkent University, 2016 [advisor]

INSTITUTIONAL RESPONSIBILITIES

Sabanci University

2023-present	Ethics Board, Faculty of Arts and Sciences
2021-present	Internship Coordinator, Psychology Program
2020-2022	University Disciplinary Committee

Bilkent University

May 2019	Psychology Chair Search Committee
2018-2019	Psychology Faculty Search Committee
2018-2019	University-Wide Traffic Committee
2017-2019	Departmental Accreditation Work Group, Department of Psychology
2016-2019	University-Wide Ethics Committee for Research Involving Human Subjects
2016-2019	PhD Qualifying Examination Committee, Department of Psychology
2014-2019	Graduate Admissions Committee, Department of Psychology
2015-2018	Faculty Board, Faculty of Economics, Administrative and Social Sciences
Jan-June 2018	Acting Chair of the University-Wide Ethics Committee for Research Involving Human Subjects
2014-2016	Director of Graduate Studies, Department of Psychology
2014-2016	Ethics Sub-Committee for Course-Related Student Research
2014-2015	Psychology Chair Search Committee
2014-2015	Psychology Faculty Search Committee
2013-2014	Psychology Laboratories Planning Committee

LANGUAGES

Turkish – first language

English – fluent

Japanese – beginner (JLPT N5 certification)